

# Hash House Harriets Penang



Runs every Thursday at 6pm



## Newsletter 2475 18 July 2019

GM:	Justbeer	016 418 4141
VGM:	Speedhound	016 458 4721
On Sec:	Bibi Tulips	012 408 1540
Hash Cash:	Rupiah	012 410 6231
Ass. H.Cash:	No Choice	011 1435 5745

Web: [www.hashhouseharrietspenang.com](http://www.hashhouseharrietspenang.com)

Email: [onsec@hashhouseharrietspenang.com](mailto:onsec@hashhouseharrietspenang.com)



## VGM Note's

**Run: 2474**

**Date: 11 July 2019**

**Hare: Pimp**

**Runsite: 516H Jalan Hashim**

This week we had an average turn out for Pimp's run at Indochine Cafe.

There were 22 members present, 7 guests and 3 invitees by the hare.

Generally it was a great run with a bit of everything - road, jungle and beach.

On top of that we had a great spread of Cambodian food and subsidized beer.

Many many thanks to Pimp & Lina for a great evening.

## Burst, by Period

20190711 run by Penang Hash House Harriets

Hare / Bunny: Pimp / Nick Morgan

Time: 6pm till late

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Run-setters: Pimp, Nelly, Wu Kung...

Runsite: 516-H Jalan C M Hashim, Tanjung Tokong

Confess to being slightly wary of joining last Thursday's run due to my ignorance, and the possibility of it being a flat road run... given that the runsite seems hopelessly surrounded by a gridlock of busy roads. An openwater swim, maybe?

I sought courage and advice from GM Justbeer, enquiring if it might be a road or hill run.

Encouragingly, her reply was both, and that this week's run would be a combination of beach, road and a little bit of bush.

Despite a slight drizzle, a good crowd gathered at the runsite and Pimp advised that it was a reprise of his Christmas Hangover Run (it I heard right!) from 2 years ago.

He told us it would be a mixture of beach, road and scramble ... and to please be very careful when crossing roads.

Suitable armed with good information and even better cheer, we headed east towards the end of Jalan C M Hashim, past Stella Maris and where the Capuchin monks live.

We scrambled up the small hillock at the end of the road. The trail was little-used and suitably chewy for Hashers - being steep in places with bare granite boulders, loose earth and logs.

We popped up over the hillock into the back of Avatar Garden, and towards its main gate. The pack was unsure if paper would lead down the Tanjung Tokong beach (very inviting with a long stretch of soft sand, and colourful fishing boats!) or back out to the main road.

The group fanned out and paper was found to lead out to the main road (with a perfectly placed overhead pedestrian bridge) and up Jalan Gajah.

Turning right up Jalan Lim Liew Saik, and down using Jalan Bintang, Jalan Evergreen, Lintang Fettes and up Medan Fettes, we left road via an abrupt and welcome right turn up a thick patch of secondary forest.

The route through this forest was probably originally invented by a wild boar drunk on fermented fruit, and included many unexpected twists and turns, ha ha!

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Paper was expertly laid such that you would only see if when you were almost on top of it.

After a suspenseful time in the forest dodging branches and all sorts of forest material laid out at body height, we popped out at a nice quiet road up Pearl Hill... and what a lovely surprise to find it cool and nearly misty there.

In weather akin to what we find on Penang Hill, we struggled upslope and hobbled down and around Pearl Hill.

It is rare to have a chance to enjoy the Hill in this weather... at a walking pace, it was easy to take in the steep slopes and fantastic houses built to perch on top of them.

There was a huge house, almost circular and mostly made from glass... it felt as if we were on part of The Peak, in Hong Kong.

I don't think I have ever seen residences in Penang built on such steep slopes as in Pearl Hill.

It is not as easy to appreciate the drama of this landscape from the confines of a car. When we walk or run, it becomes possible to take in the whole vista.

One of the sea-facing houses with a vey long light-coloured garden wall - even had its front door open, offering a glimpse of the stunning sea view available from its living room.

The road offered a smooth and winding ribbon back down to Hillside and a nice traffic light at which to safely cross over towards One Tanjong apartments.

From there, it was a nice roadside lope past Penang Swimming Club, then whoosh! ...down a secret and shady concrete staircase on the left, which led down to the beach and rocks laid over with concrete... round the back of many apartments and the few houses left there. We crossed a couple of freshwater streams / drains, and I could see the footsteps of the Hashers ahead of me, in the sand.

Sunset was spectacular with the sky pink, orange and red at this point.

Exit from the beach to Bora Bora and Indochine (where Samy's beerwagon was

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parked), was via a concrete staircase still doing its job as a staircase, despite the shifting sands, ha ha!

Dinner was a wonderful Cambodian pork rib curry, with huge tray of putu mayong / spring hoppers - like bee hoon / rice noodles, but better! Accompanied with fresh taugeh / bean sprouts, finely chopped Chinese celery, basil leaves, Vietnamese rice paper rolls filled with all sorts of crunchy fresh goodies - served with a lovely green sambal.

So a Hash I feared might be an unforgiving road road, turned out to be among the best I have ever had a chance to run - given its variety in terrain, residential areas ranging from low cost flats to high end houses on a hill, a large Chinese grave just above Medan Lintang, damp scrubby forest and sandy beach, breakwater, freshwater, saltwater, sights, vistas and blazing sunset offered.

Many thanks to Pimp and family, fellow runsetters: Nelly and Wu Kung, enthusiastic committee and members, all Hashers present and elsewhere, for another rip-roaring Thursday run and makan!

Woof and On on!

Period.

*Next Week we are at Permai Shoplots,  
for Botak Chin's Run  
Please come and support*

**Please respect the environment which we enjoy each week and ensure that no rubbish is left at the site, including cigarette butts, scraps and general litter. Thank you.**

Please inform the On Sec a.s.a.p. where your run will be

**Hareline 2019**

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2476	25-7-19	Molly	Youth Park, Sai Seng corner
2477	1-8-19	Snow White	TBA
2478	8-8-19	Iceman	Charlie's Market
2479	15-8-19	Rupiah	Permai Shoplots
2480	22-8-19	The General	TBA
2481	29-8-19	Viking	TBA
2482	5-9-19	Marks & Spencer	TBA
2483	12-9-19	Committee Run	TBA
2484	19-9-19	Toddy Tan	TBA
2485	26-9-19	Tiny	TBA

## Circle

- 1) We welcomed our guests, Moira, Folker, Tara, Anna, Wendy, Carren and Akierno.
- 2) Then we welcomed the invitees from the Hare. (no picture)
- 3) Iceman WELCOME BACK with a new look.

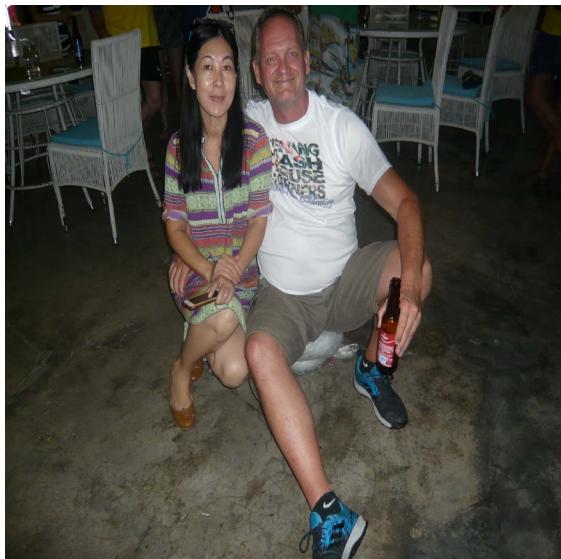


- 4) Committee on ice - For not doing their JOB during the GM's absents.
- 5) Goodyear put Michelle on ice for not wearing a hash T'Shirt.
- 6) Welcome Vincent and Lilian our new members.
- 7) Hare on ice for a Good Run, Great Food and subsidized beer.

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## Pictures of the evening



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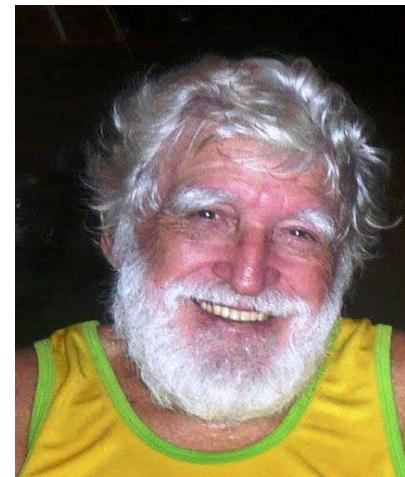
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July



3, Kiss Me



4, Kissingher

7, Mem Sahib



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## Funnies

Mummy, where were you when I was born?

In the hospital.

And daddy?

At work.

That's great. So nobody was home when I arrived.

Little Ernie asks his auntie, "Why do you have such a big tummy, aunt Lisa?"

"Because there's a baby inside."

"Do you like babies?"

"Very much!"

Three bunnies want to jump a wall. First one jumps and clears the wall with a good 4 inch reserve.

The second bunny jumps and makes it over the wall with a 5 inch reserve.

The third bunny jumps and slams headfirst into the wall. When he wakes up, he says, "I must have jumped the highest. I definitely saw some stars."

A duck walks into a bar.

It asks the barkeeper: "Do you have bread?"

Bartender: "No."

Duck: "Do you have bread?"

Bartender: "NO!"

Duck: "Do you..."

Bartender: "LISTEN! I HAVE NO BREAD AND IF YOU ASK ME ONE MORE TIME, I'M GONNA NAIL YOU TO THAT WALL!!!"

Duck: "Do you have nails?"

Bartender: "NO!"

Duck: "Do you have bread?"



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## Invitation Runs

**BAGAN SERAI 3H**

**1<sup>ST</sup> ANNIVERSARY CELEBRATION RUN**

<b>DATE</b>	<b>:</b> 20 JULY 2019
<b>VENUE</b>	<b>:</b> DEWAN CHONG KUANG SG. BAKAP
<b>DAMAGE</b>	<b>:</b> RM 90.00
<b>CLOSING DATE</b>	<b>:</b> 30 MAY 2019

012 - 4098300 ( G.M. KATTU RAJAA )  
019 - 4758260 ( OC. VEPALAI )  
013 - 4230844 ( ON. SEC TOK GURU )  
012 - 4172134 ( INTER HASH SEC SINGAM II )

Email : [thina\\_1986@yahoo.com](mailto:thina_1986@yahoo.com)

ON-ON! ON-ON! ON-ON!

**R ANY  
FORMATION**

**17th Borneo Nash Hash 2019, Kota Kinabalu, Sabah, Malaysia**  
13-15 September 2019

Run wild in the exotic Island of Borneo

Hosted by KELAB HASHING KOTA KINABALU

17<sup>th</sup> BORNEO NASH HASH 2019

WELCOME TO SABAH THE LAND BELOW THE WIND

as Mt. Kinabalu majestically beckons all hashers to the lush rainforests of North Borneo.

KELAB HASHING KOTA KINABALU

Immerse yourselves in the cultural tapestry of our rich heritage as we celebrate 17th Biennial Nash Hash in Borneo

email: [kkinterhash@gmail.com](mailto:kkinterhash@gmail.com)

On-On!

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## ULU KELANTAN HASH HOUSE HARRIERS

No 6, Jalan Sultan Yahya Petra II,Krai 18000, KELANTAN.  
Email : [leeyanken@gmail.com](mailto:leeyanken@gmail.com) Fax No : 63-26372741

**Facebook** : [Ulu Kelantan Hash House Harriers \(Kuala Krai\)](https://www.facebook.com/Ulu-Kelantan-Hash-House-Harriers-Kuala-Krai-102101000000000)

(runs every Monday at 6 pm.)

## 40<sup>th</sup> Anniversary Balik Kampung Run 2019

On On Fellow Hashers,

With great pleasure, Ulu Kelantan Hash House Harriers hereby invites All Hashers to the grand celebration of our 40<sup>th</sup> Anniversary Balik Kampung Run 2019

Venue : KUALA KRAI, KELANTAN.

Date : 31/8/2019 (SATURDAY)

Closing Date : 30/6/2019

Come and join us to discover for yourselves all the exciting programmes in store besides good fellowship.

We attach herewith our Registration Form for your action (feel free to photocopy it should you need more space to register your members). You may return the completed form to our mailing address above by post, fax or email together with your registration fees by cash, cheque, money order or by bank electronic transfers made payable to:-

The Ulu Kelantan Hash House Harriers  
MAYBANK Account Number : 003024403830

We are going to produce a Commemorative Souvenir Magazine through which we are humbly seeking your support by taking up the advertising spaces available

All contributions in cash and in kind, too, are gratefully welcomed. The details and rates for the advertising space will be forwarded to you in due course.

The Organizing Committee  
UKHHH 40<sup>th</sup> Anniversary BalikKampung Run.

Organising  
Chairmen : Raymond Tee @ Sugar Ray (012-9811371)  
Ong Kang Soon @ Ong Tang (019-9817722)

On Set : Lee Yan Ken @ NikAli (014-5011118)

Grand Master : Low Guk Hwa @ Andy Low (019-9816892)



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changshahhh@yahoo.com

[www.panasiahash2019.com](http://www.panasiahash2019.com)



# Hash House Harriets Penang



**Disclaimer: By taking part in a Hash House Harriets Penang run or event, you agree not to hold the organisers or any affiliated individual responsible for any injury or mishap that may happen to you.**

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