



HASH HOUSE HARRIETS PENANG

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GM		Uncle Bee	0125129909
VGM		Beauty Queen	0125626628
On Sex		Camel Toe	0124867222
Hash Cash		SpeedHound	0164584721

MEMBERS ONLY DATE: 28TH JULY 2014

NEWSLETTER 2216

GM's Note:

A minute's silence was observed for those who had died so unnecessarily @ MH 17 tragedy.

Haze days are back and it was so bad that one could not see Penang Hill from the City center couple of days earlier. But luckily, it was clear blue skies @ Youth park Carpark runsite or should we renamed it to "Mosquito runsite?" This is one of the few runsites where many would gather around the GM for she has the "solution" to their problems -- "Mosquito Coil" burning around her! Hashers on the run were not spared either- many were stung by Bees too. The 1st runner was out within 37 mins and everyone came out in the light, A good short run for a change.

We welcome back Dick Lim as a rejoining member of the "running club where he wants to be" ...On..on

Burst

The run started with about 30 members in attendance and was announced by the harriet as a medium run with two checks. About 20 runners started the run with Money Manfred and Good Year leading the pack. The trail head was at the usual Information Centre, thence to the trail below the horse stable, strewn with saw dust mixed with horse urine.

Along the way, we helped ourselves to the rambutans, ripe for picking. We then crossed the stream and entered into a path behind the Jesselton Heights houses and encountered the check which was easily overcome by Money Manfred. Mark and Good Year who were following behind were indeed glad to hear of the find and jogged along the trail that led to the water tank tower area. The trail then went uphill and we soon reached some boulders.

I was trudging uphill and caught a glimpse of Good Year after traversing the boulders. I gave out a shout when I felt two bee stings on both sides of my buttock and immediately ran up hill. I immediately shouted to war Money Manfred of bees, hoping he or the other runners would have heard me.

I guess the adrenalin overcame the pain and I soon caught up with Good Year at the granite rock face which overlooks the Penang Turf Club.

The trail was familiar after the granite rock face and we soon reached the peak of the hill behind Jesselton Heights. The trail was downhill but it soon turned upwards towards the usual hiking trail used by hikers coming from the Youth Park. We crossed this trail and immediately went downhill towards another stream. By then Good Year had bolted and disappeared from sight.

The trail turned uphill before it reached another of the hiker's trail that leads down to the Youth Park and our run site. Soon we learned that many of us were stung by the bees, however the bee

stings did not really affect the veteran runners who would have by now got immune to the stings!

It was a good work out nevertheless!

Marks & Spencer

regards

Mark



Guests Welcomed- Dick, Stella, Giant Rabbit and Ah Lye



The long awaited 100th run pewter was finally given to G-string after MIA for 6 mths!!!



Next, Money on the ice for emerging as the Champion at the recent concluded World Cup 2014 (Germany)



Charges saw Justbeer iced Christine See aka Cameltoe for being the Club on-sec and not showing up at our runsite but at other chapter's!!!!!!



Lastly, Bunny and co-hares on the ice for a good short run, excellent Spaghetti and 1 crate of free Beers

Special Thanks to FTAC and Money Manfred for the free crate of Beers each

HARE OF THE DAY



G- String.....

THANKS TO ELISA KHAW

FOR A GOOD FOOD AND RUN...| GOOD NIGHT

Other Photos







Run 2216- 31st July 2014 -Tony Tan -Island Glades
Chinese Temple

HARELINE

2014

RUN NO.	DATE	HARE/BUNNY	VENUE
2217	07-Aug	Mark Chong	Ayer Itam Dam
2218	14-Aug	Kim Looi	Beverly Hill
2219	21-Aug	Bibi Tulips	Charlie Market
2220	28-Aug	Hair Do	Shamrock
2221	04-Sep	Jaya	Island Glades Chinese Temple
2222	11-Sep	Kissing(h)er	
2223	18-Sep	Grandma	Bonsai
2224	25-Sep	Whatever	Leader Garden
2226	16-Oct	Grasshopper	

August 2014

30th August

Slim River HHH 30th Anniversary Celebration Run

Registration fee RM60

Closing date :- 31st July 2014

Person to contact:- Hon On Sex

S.M.Sandra Tel:- 0129020429

September 2014

20th September

Hash House Harriers Batu Gajah –Perak

35th Anniversary Run.

RM 80

Contacts: Taliban 0125222610 email: ipohhhh@gmail.com

William 0165928901 email: wthiam8562@yahoo.com

Cheah 0124333650 email: nyukphin@gmail.com

November 2014

O2O Kedah Tengah 4H 7th Anniversary 'Gatai Run' Celebration

Early Bird Registration : RM60.00 p/pax (not later than 30th June & limited to 300 pax only (whichever comes first

RM80.00 p/pax (1st July ~ 15th October)

RM100.00 (16th October onwards – freebies not guaranteed) Please contact the following should you have any enquiries:

OC: Tei Poey Eong 0124946503 Rough Rider

GM: Chin Ah Lek 0174866398 Big Sound

On Sec Annie Lee 0124142622 Any Cawan

Inter On Sec Lim Swee Aun 0165260399 Highwayman

December 2014

4th Penang Rainforest Hash Challenge

13th December 2014-06-08

Organizing Chapter : Penang Hash House Harriers & Harriets [PH4]

Registration Fee : Malaysian hashers – RM100.00

:Overseas Hashers - USD50.00

After 13th November 2014 Registration Fees will be RM120.00 .Goodies not Guaranteed

Person to contact : Our Vgm Beauty Queen / On sex : Camel toe

March 2015

14th March

FTAC 15th Anniversary Run -Beach Party

Registration:-

Early Bird before 30th September 2014 RM80

After 30th September 2014 RM100

Closing Date 31st December 2014

Please let the On sex (Camel Toe) know if you want to join.

By taking part in a Hash House Harriets Penang run or event, you agree not to hold the organisers or any affiliated individual responsible for any injury or mishap that mappen to you

