



Hash House Harriets Penang

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MEMBERS ONLY

Date: 10 April 2011

Newsletter 2043

Notes from the On Sex

Hi Everyone,

38 members and 3 guests turned up at Lebuhraya Halia for “The General's” run last Thursday. Alastair must have chanted some very powerful mantras as all the gray clouds disappeared just as we had the pre-circle. It was announced as a short run taking about 30 mins for the FRBs and no longer than an hour for the SRBs. I decided to take my time after all it was a short run! But what is it they say about Hashers?????????????

So in by the fence we went and climbed steadily to the top. It is quite a steep on up and it soon had members slowing for a breather. Careful footing was a necessity as the ground was quite dry and shaley too! At the top of the ridge there was Alastair lounging on the ground and I just wish I had brought the camera with me!

As we had reached the ridge so quickly everyone must have thought it was going to be a stroll in the park as was originally announced. We went left and then along a bit and then headed down the left hand slope towards Charlie Market. Across the stream to the other side and on to the network of terraces. Who should pop up here once again none other then The General himself with a smile on his face and lounging again! I thought we would climb up to the highway and then perhaps through the sand pit and back home. NO!! We went around the terraces then back down and then reversed our route to go back the way we came but at a lower level. We crossed back across the stream and circled to our left. Skirting the hill on our right. At one point I heard Geeman asking if we were doing a reverse run. “No”, I proudly said as the paper was facing me and on we went along what seemed familiar trails but who could be sure now??

Up and down we went with DOM pointing out Ailia Apartments on our left. We were parallel with the shop lots though in the jungle where we passed by termite ravaged plastic bungalows without a view and continued to skirt. The sound of traffic brought to our attention that we were skirting the Vale of Tempe Rd before cutting inland and up another hill almost reversing our current path. Finally we realised, as we hit the on up, that this was a hill we climb sometimes when running from the Shop Lots area. Fancy Pants passed us doing a reverse run and we knew then that it would take us back to the ridge and after some huffing and puffing we finally reached the point where we had seen Alastair previously. And there he was again....still lounging!!!!!!!!!! "What took you so long?" he asked as it was well passed the hour he thought we would do the run in.

Back at the runsite (an hour and a half after the start) everyone was talking about how good a run it was and it goes to show that if you do your homework even a 'short' run can be fun even if you do go up and down the same hill a few times it gives you a very good sweat. We did five climbs on this run the highest being about 140m. So not huge by normal standards but excellent.

Syabas to a very good run Alastair and to the good food and free beer later on.

On On

***** Next Run ***** 2043

14th April 2011 – Justbeer- Youth Park New Car Park

Hareline 2011

Run Number	Date	Name	Location
2044	21 Apr	Ang Moh Lan	Jln Tembaga
2045	28 Apr	Ronnie Tour	Lb Lembah Permai Playground
2046	05 May	Edna	TAR College
2047	12 May	Mini Sausage	
2048	19 May	Bai Pass	Bee Gallery
2049	26 May	Horse	Leader Garden
2050	02 Jun	Vithia	Charlie Market
2051	09 Jun	Hot Lips	
2052	16 Jun	Black German	Bkt Gambir Temple
2053	23 Jun	Huge	
2054	30 Jun	Pauline	

If you cannot make your date, please let the committee know at least 8 weeks in advance. Less than this and YOU will be responsible for finding somebody to exchange dates with.

Can those in the Hareline above please give me your venues as soon as possible.

Hare of the Day

The General



Many Thanks for a great run, good food and FREE beers!!!!

Down Downs



Congratulations Marks & Spencer on reaching 300 runs!!



Akz Hole was welcomed back to running again after being out injured for the last 3 months.



Nice to see you...to see you nice. Welcome to DOM and Not My Hair who actually came for the run this week. Too long MIA!!



It was Speed Hound's birthday on the day and so she was presented with a lovely birthday cake and sung a 'Happy Birthday' in quite a number of different languages.

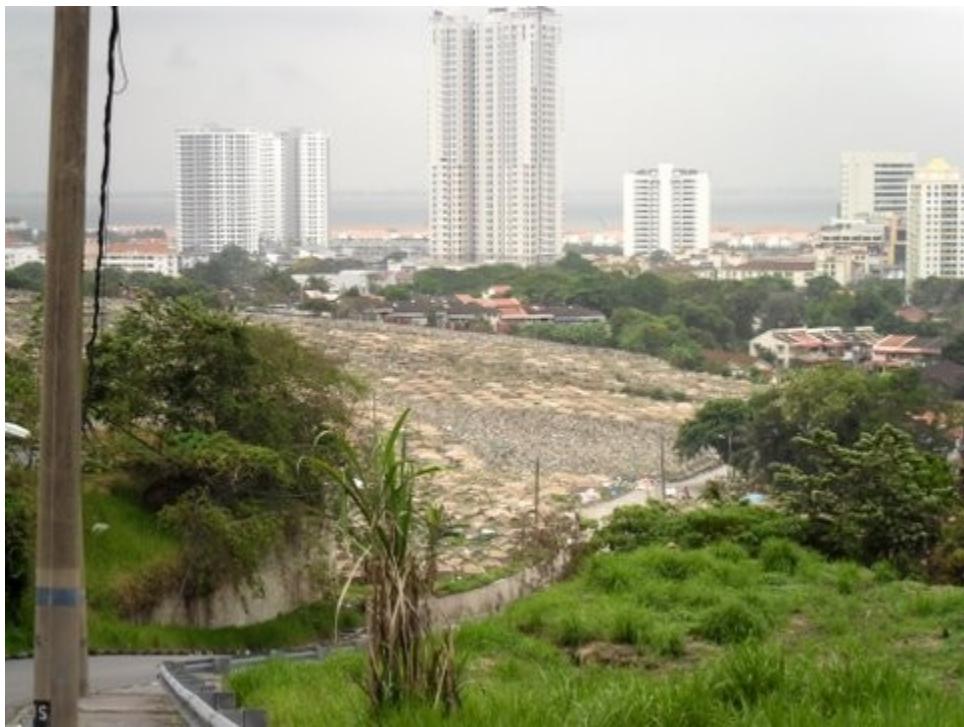
She responded by giving a crate of beer to help us all celebrate with her.

Many thanks for the beer Speed Hound!!



Many thanks Alastair for a great evening. Many stayed for hours afterwards!

The Evening

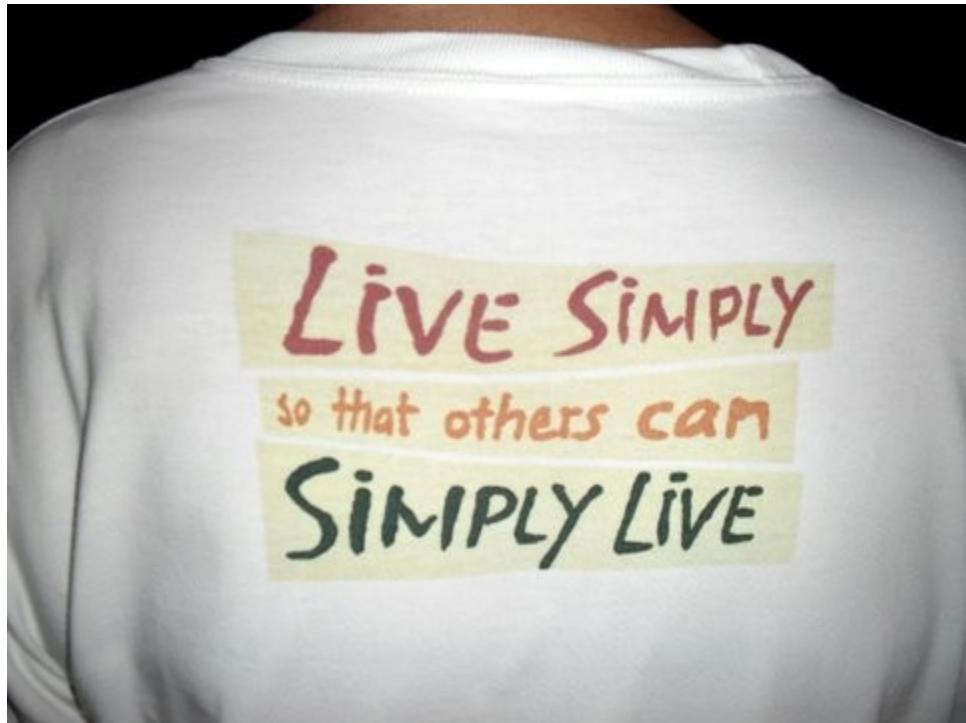












Birthday Greetings this week go to:

Hard Khaw



We all wish you a very Happy Birthday!!

Invitation Runs

April 2011

1st World Heritage Hash 2011 (April 15th -17th)
In Unesco Melaka, Malaysia Please visit our website for further details:
<http://worldheritagehash.weebly.com>

London Hash House Harriers 2000th Run
Celebration. 29th April - 3rd May GBP130 until 31st December 2010.

Gua Musang H3 725 run Celebration 30th April
Gua Musang Kelantan. RM80 Closing date 28/02/11 Limited to 500 hashers.
Contact GM 0199121795

Inaugular InterHowl at Pulau Langkawi
30 April-1 May RM80.
Contact: Walking Tall 012-2328742

May 2011

2011 10th Africa Hash May 6-8,
Addis Ababa, Ethiopia, Africa, Contact [Addis Ababa Hash](#)

Puerto Galera Hash hosts the 12th Philippines Nash Hash 2011 13-15th May.
Puerto Galera, Philippines
Contact hash@pghhh.com or 043 287 3070

June 2011

Lunas Friday H3 10th Anniversary Run.
18th June. Sekolah Menengah Berapit Bkt Mertajam. RM50 Closing date 30th April. Contact On Sex: Chuah Phooi Hoong 0124578697

August 2011

UK Nash Hash 2011 Aug 26-29
Bournemouth Sports Club, Christchurch, UK organised by Wessex Hash.
Contact mrbeaky@nh2011.org – [Details](#)

November 2011

Pan Asia & Pan Indo Hash Nov 11-13
Bandung, Indonesia Details [here](#)

March 2012

Philippines Hash Bash 2012 2-4th March
Subic Bay, Philippines
- Contact Wild Wolf jlv@jamesleevalentine.com or see [website](#)

Nash Hash – March 2012 Penang.
Email : ph4_newsletter@yahoo.com or Contact: On Sex: Union Jack 0164161782 for registration.

Funnies

Lulu was a prostitute. One day there was a raid. All the prostitutes were lined up outside the police station as they took them in one by one.

As Lulu stood in line, she saw her Grandma coming down the street and was so ashamed, Grandma didn't know her occupation. Grandma stopped to say hi and asked what the line was for.

Lulu, saving face, said that the police were giving away fresh oranges to those waiting. Grandma said wonderful, she loved oranges and got at the end of the line.

***When the policeman got to the end and saw her, he was amazed.
He said, "How the heck do you do this at your age?"
She said, "I just take out my teeth, rip the skin back and suck 'em dry!"
The policeman fainted!!!!***

By taking part in a Hash House Harriets Penang run or event, you agree not to hold the organisers or any affiliated individual responsible for any injury or mishap that may happen to you.